



# **First International Conference of the East Asian Society of Philosophical Practice**

**“Philosophical Practice in 21st Century East Asia”**

**July 10–11, 2025  
Dongguk University, Seoul, Republic of Korea**

## **Hosting Organizations**

East Asian Society of Philosophical Practice  
Department of Philosophy, Dongguk University  
Institute for East-West Thought, Dongguk University  
School of Philosophy, Nanjing University  
Institute of Science, Technology and Society, Nanjing University  
Department of Philosophy, Xi'an Jiaotong University  
Asia Counseling and Coaching Society  
Korean Society of Philosophical Counseling  
Taiwan Philosophical Counseling Association  
Kyungpook National University, Institute of Humanities Studies, Research  
Team (Korea Research Foundation Project: “Development and Efficacy Verification  
of Life Story Program for the Elderly and Development of Convergent Base  
Technology for AI-Life Story Program”)

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# Program

July 10					
09:00 - 09:30	Opening Ceremony				
09:30 - 11:30	Main Hall: Keynotes 1 Hyehwa Hall 320				
11:30 - 13:00	Lunch				
13:00 - 14:30	<b>Room 1</b> Hyehwa Hall 337	<b>Room 2</b> Hyehwa Hall 342	<b>Room 3</b> Hyehwa Hall 339	<b>Room 4</b> Hyehwa Hall 303	<b>Room 5</b> Hyehwa Hall 320
	Session A1	Session B1	Session C1	Session D1	Session E1
14:30 - 14:50	Refreshment Break				
14:50 - 16:20	Session A2	Session B2	Session C2	Session D2	Session E2
16:20 - 16:40	Refreshment Break				

16:40 - 18:10	Session A3	Session B3	Session C3	Session D3	Session E3
18:10 - 20:00	Reception				
July 11					
09:00 - 10:30	Main Hall: Keynotes 2 Hyehwa Hall 320				
10:30 - 10:50	Refreshment Break				
10:50 - 11:50	Session A4	Session B4			
12:00 - 12:30	Closing Ceremony				
12:30 - 20:00	Seoul Tour Program				

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Day One (July 10th)				
<b>Keynotes 1:</b> Bernard Li, Lou Marinoff, Tianqun Pan, Seunghwa Jeon				
A1	B1	C1	D1	E1
Yu-Chang Yang	Qiman Liu	Xiaojun Ding	Young E. Rhee	Zijie Lin Jialin Xu
Qi Tan	Jin Xin	Lizeng Zhang	Heeja Sung Seon Yeong Shim	Yang Chen
Yifei Hu Zhonghe Liang	XingYu Chen Jingyi Zhang	Ning Zhao	Seung-Ah Seo Hae-In Kang	Xuan Fang Yu Gao
A2	B2	C2	D2	E2
Ying-Fen Su	Rui Cao	Miaomiao Du Xiaojun Ding	Qun Wei	Yeonhee Lee Jiwon Shim
Zihan Tang	Shaojia Song	Yaokai Jin	Yuna Hur Sungeun Kim Dong-Suk Oh	Moon Hee Yoo
Zehai Sun	Mingyu Cao	Xianrui Meng	MinJu Kim Seung Hwa Jeon Jung Wan Kim	Hae Duk Kim
A3	B3	C3	D3	E3
Alex Gooch	Jiayi Xin	Chang Yang	Sang Wook Park Jung Wan Kim	Jea Mok Choi
Alex Fong	Huiyi Xu	Sirui Fu	Amy Lee	Gap Yim Jung
Shengyi Jia	Ge Lei	Jia Qin	Manyu Lee	Yongmi Jo
Day Two (July 11th)				
<b>Keynotes 2:</b> Chien-Chi Lu, Horie Tsuyoshi, Sunhye Kim				
A4	B4			
Minqiang Xu Xiaojun Ding Caifeng Xie	Fengyuan Wang			
Jie Wen	Liu Li			

## Venue Information

Room	Main Hall	Room 1	Room 2	Room 3	Room 4	Room 5
Number	Hyehwa Hall 320	Hyehwa Hall 337	Hyehwa Hall 342	Hyehwa Hall 339	Hyehwa Hall 303	Hyehwa Hall 320

<b>July 10th</b>	<b>Opening Ceremony</b> Chair: Song Yi Lee (Dongguk University)
09:00- 09:30	Opening Address: Young E. Rhee·Tianqun Pan, Co-Presidents of EASPP  Greetings: Jaewoong Yun, President of Dongguk University  Greetings: Jiwon Shim, Director of Research Institute for East-West Thought
<b>July 10th</b>	<b>Keynotes 1 (Main Hall)</b> Chair: Song Yi Lee (Dongguk University)
09:30- 10:00	Bernard Li (Fu Jen Catholic University). AI and Philosophical Consoling: The Intersection of Technology and Human Thinking
10:00- 10:30	Lou Marinoff (City College of New York). Limitations of AI, and Re-Humanization via Philosophical Practice
10:30- 11:00	Tianqun Pan (Nanjing University). Philosophy is Going to the Plaza - A Brief Report of Nanjing Tea Salon of Philosophy
11:00- 11:30	Seunghwa Jeon (Kyungpook National University). Development and Efficacy Verification of Life Story Program for the Elderly and Development of Convergent Base Technology for AI-Life Story Program
<b>July 11th</b>	<b>Keynotes 2 (Main Hall)</b> Chair: Ki-Myoung Kim (Kangwon National University)
09:00- 09:30	Chien-Chi Lu (Taiwan Philosophical Counseling Association). The Development and Challenges of Philosophical Counseling in Taiwan
09:30- 10:00	Horie Tsuyoshi (Osaka University). The 'Philosophical' Elements of Dialogue: To unravel Roles/Positions
10:00- 10:30	Sunhye Kim (Kangwon National University). Schopenhauer's Eudemonism as a Difference of Life-wisdom to commensurate with a Difference of Age

<b>A1</b>	Chair: Chien-Chi Lu (Taiwan Philosophical Counseling Association)
13:00-13:30	Yu-Chang Yang (Sun Yet-Sen University). Epictetus' Philosophical Healing Thought and Contemporary Philosophical Consulting Practice - Taking Philosophical Counseling for Prisoners as an Example
13:30-14:00	Qi Tan (Nanjing Agricultural University). Research on the Philosophical therapy of the Stoic school
14:00-14:30	Yifei Hu·Zhonghe Liang (Sichuan University). The Harmony of Virtue, Reason and Soul - Plato's Practical Art of Healing the Body and Mind with Virtue and Justice
<b>A2</b>	Chair: Lizeng Zhang (Shandong Normal University)
14:50-15:20	Ying-Fen Su (Fu Jen Catholic University). A Multidimensional Exploration of Emotions in the Chapter "Fuao" in Qike
15:20-15:50	Zihan Tang (Yangzhou University). The Concept and Practical Efficacy of Philosophical Counseling from the Perspective of Rogers' Humanistic Psychology
15:50-16:20	Zehai Sun (Xi'an Jiaotong University). Analysis of the Dimension of Philosophical Healing of the Excellent Traditional Chinese Culture from the Perspective of Philosophical Practice
<b>A3</b>	Chair: Young E. Rhee (Dongguk University)
16:40-17:10	Alex Gooch (Durham University). When Philosophy is the Problem
17:10-17:40	Alex Fong (Hong Kong University). Oneness as a Philosophical Practice to address contemporary issues
17:40-18:10	Shengyi Jia (Xi'an Jiaotong University). Symbolic Consumption, Instant Gratification, and Mindful Liberation: Embodied Practice Pathways within Consumer Culture
<b>A4</b>	Chair: Jiayi Xin (Xi'an Jiaotong University)
10:50-11:20	Minqiang Xu·Xiaojun Ding·Caifeng Xie (Xi'an Jiaotong University). Beyond Value Neutrality: Reconstructing Ethical Engagement in Philosophical Counseling Through Aristotelian Virtue Ethics
11:20-11:50	Jie Wen. How Mindfulness Helps with Insomnia: The Application of Buddhist Teachings in Daily Life

<b>B1</b>	Chair: Tianqun Pan (Nanjing University)
13:00-13:30	Qiman Liu (Peking University). Remedying Self Alienation in AI Linked Bodies: Philosophical Practice for Digital Intelligence Cyborgs
13:30-14:00	Jin Xin (Nanjing University). Teacher Authority vs. Children Autonomy: Conflict and Reconciliation of Critical Thinking in Confucian-Context Philosophy Education for Children
14:00-14:30	XingYu Chen·Jingyi Zhang (Xi'an Jiaotong University). The Therapeutic Power of Philosophical Gaming: Exploring Foucault's Self-Technologies in RPG Environments
<b>B2</b>	Chair: Yu-Chang Yang (Sun Yet-Sen University)
14:50-15:20	Rui Cao (Nanjing University). Digital Hoarding Through Philosophical Lens: Existential Challenges and Cognitive Transformation in Technological Society
15:20-15:50	Shaojia Song (Nanchang University). An Attempt to Explore the Problem of the Meaning of Life from a Multidisciplinary Perspective with Philosophy and Psychology as Theoretical and Practical Foundations, Taking Architecture as an Example
15:50-16:20	Mingyu Cao (Zhejiang University). Urgently Addressing the Inner Fire: A Study on Anxiety in the Era of Compressed Modernity and Performance Pressure
<b>B3</b>	Chair: Lou Marinoff (City College of New York)
16:40-17:10	Jiayi Xin (Xi'an Jiaotong University). Beyond Human Counselors: Evaluating the Role of Large Language Models in Philosophical Counseling
17:10-17:40	Huiyi Xu (University of Chinese Academy of Sciences). The Technological Turn in Emotional Practice: Virtual Comfort and the Possibility of Humanistic Healing in AI Companionship
17:40-18:10	Ge Lei (University College London). Philosophy for Children and the Digital Challenge: Rethinking Critical Thinking Practice (Online)



<b>B4</b>	Chair: Yifei Hu (Sichuan University)
10:50-11:20	Fengyuan Wang (Nanjing University). Caring-Counseling: Zhu Xi's Learning Theory and Philosophical Counseling on Learning Anxiety
11:20-11:50	Liu Li (Xi'an Jiaotong University). Contradiction or Harmony: Philosophical treatment based on the model of The Book of Rites
<b>C1</b>	Chair: Alex Fong (Hong Kong University)
13:00-13:30	Xiaojun Ding (Xi'an Jiaotong University). Aligning AI with Confucian Wisdom: LLM-empowered Philosophical Counseling Agent for Mental Health
13:30-14:00	Lizeng Zhang (Shandong Normal University). The Temporal Wisdom in Zhou Yi from the Perspective of Philosophical Counseling
14:00-14:30	Ning Zhao (Shanghai University). Time Anxiety in the Accelerated Society and the Philosophical Therapy of Wang Yangming
<b>C2</b>	Chair: Xiaojun Ding (Xi'an Jiaotong University)
14:50-15:20	Miaomiao Du·Xiaojun Ding (Xi'an Jiaotong University). Rational Resilience Argumentation(RRA): A Philosophical Framework for Self-Healing in Depressive States
15:20-15:50	Yaokai Jin (Zhejiang University). The Modernity Implication of the "Chun-qiu-san-shi"
15:50-16:20	Xianrui Meng (Anhui University). Care as the Foundation: The Integration of Daoist Philosophy into Contemporary Psychotherapy
<b>C3</b>	Chair: Horie Tsuyoshi (Osaka University)
16:40-17:10	Chang Yang (Chinese University of Hong Kong). The Reaction of "Wen" in the Perspective of Practical Learning - Centered on Li Gong
17:10-17:40	Sirui Fu (Xi'an Jiaotong University). No-Mind Revolution in Modern Counseling: Integrating D. T. Suzuki's Zen Wisdom and Japanese Philosophical Practice for Spiritual Healing
17:40-18:10	Jia Qin (Tianjin Foreign Studies University). Contemporary Philosophical Practice in the Horizon of the Syncretism of Confucian, Buddhist and Daoist

<b>D1</b>	Chair: Seunghwa Jeon (Kyungpook National University)
13:00-13:30	Young E. Rhee (Dongguk University). AI Life Story Model for Elderly People: An Embodied Cognitive Approach
13:30-14:00	Heeja Sung·Seon Yeong Shim (Kyungpook National University). Successful Aging through Life History
14:00-14:30	Seung-Ah·Seo, Hae-In Kang (Kyungpook National University). Emotional Expression and Sociocultural Context in Korean Elderly Life Narratives
<b>D2</b>	Chair: Heeja Sung (Kyungpook National University)
14:50-15:20	Qun Wei (Keimyung University). Multi-Physiological Signal Measurement Technology based Smart Stethoscope for Personal Cardiovascular Health Monitoring
15:20-15:50	Yuna Hur (Korea University)·Sungeun Kim(Busan University of Foreign Studies)·Dong-Suk Oh (Kyungpook National University). Synthetic Data Generation Based on Generative AI Technologies
15:50-16:20	MinJu Kim (Daegu University)·Seung Hwa Jeon (Kyungpook National University)·Jung Wan Kim (Daegu University). Development of an NLP-Based Lexical Retrieval Training Module for Older Adults with Mild Cognitive Impairment: A Preliminary Study
<b>D3</b>	Chair: Miran Lee (Daegu University)
16:40-17:10	Sang Wook Park·Jung Wan Kim (Daegu University). A Case Study on User Experience (UX) and Adaptability in the Use of an AI-Based Computerized Cognitive Rehabilitation Program
17:10-17:40	Amy Lee (Kyungpook National University). Story Therapy through the Publication of the Life History of the Elderly
17:40-18:10	Manyu Lee (Kyungpook National University). Guiding AI Storytelling with Narrative Reasoning: A Life History Approach

<b>E1</b>	Chair: Alex Gooch (Durham University)
13:00-13:30	Zijie Lin (Beijing Normal University)·Jialin Xu (Renmin University). Philosophical Practice for Older Persons in East Asia: Unfolding Life Philosophy via Narrative Interview
13:30-14:00	Yang Chen (Xi'an Jiaotong University). Caring for Healing: Nursing Robots and the Dignity of the Elderly
14:00-14:30	Xuan Fang·Yu Gao (Nanjing University). Reconstructing Meaning in Philosophical Practice: A Phenomenological Exploration of the Lebenswelt of Individuals with Schizophrenia
<b>E2</b>	Chair: Yucheon, Kim (Dongguk University)
14:50-15:20	Yeonhee Lee (Gyeongsang National University)·Jiwon Shim (Dongguk University). Rethinking Patient Autonomy through Positive Liberty: Voluntary Hysterectomy in the Era of Posthuman
15:20-15:50	Moon Hee Yoo (Dongguk University). Mapping the Adoption of Neuroscience in Counseling and Psychotherapy: A Scoping Review
15:50-16:20	Hae Duk Kim (Dongguk University). A Subjectivity Study for the Systematic Approach of University Coaching
<b>E3</b>	Chair: Eun-Young Lee (Kyung Hee University)
16:40-17:10	Jea Mok Choi (Yeungnam University). Inherent Counselling Techniques Based on Wang Yangming's 'Liangzhi'
17:10-17:40	Gap Yim Jung (Semyung University).: Symbiosis and Healing
17:40-18:10	Yongmi Jo (Yeungnam University). The Self-healing Method found in Toegye's Hualinshimbang

**Closing ceremony**

Chair: Xiaojun Ding (Xi'an Jiaotong University)

Message from EASPP

Tianqun Pan (Nanjing University)

Young E. Rhee (Dongguk University)

Student Excellent Paper Awards Ceremony

Closing address

Jiwon Shim (Dongguk University)